UNDERWATER TREADMILL SYSTEM

HYDROTHERAPY & FITNESS

REHABILITATION, CONDITIONING AND WELLNESS

Lloy Ball, 6'7", 240 lbs.
Hudson Aquatic Systems developed the AquaFit and AquaFit Plus for multiple industries and home use. Ideal for athletes, sport teams, fitness centers and rehabilitation this underwater treadmill system helps you to quickly achieve physical fitness, increase endurance, and recover faster from injury. The AquaFit and AquaFit Plus are exceptional tools that utilize the benefits of exercising in water offering lower impact with higher resistance.

TREATMENT BENEFITS:

- Higher outcomes with workouts in half the time as land based workouts
- Effective exercise for fitness, training and conditioning
- Adjustable water depths for controlled weight-bearing exercises with less impact and stress on joints
- Adjustable treadmill speeds allow for more rigorous workouts
- Larger tank and doorway makes it ideal for athletes and bariatric patients
- Provides resistance throughout the range of motion with 360° of resistance for all movements, providing a closed chain, hydrokinetic exercise

See below for product comparison.

Specific product information is available by calling 888-206-7802

<table>
<thead>
<tr>
<th>Features</th>
<th>AquaFIT Plus</th>
<th>AquaFIT</th>
</tr>
</thead>
<tbody>
<tr>
<td>Display Time, Speed, &amp; Distance</td>
<td>Yes</td>
<td>Yes</td>
</tr>
<tr>
<td>Magnetic Door Latch</td>
<td>Yes</td>
<td>Yes</td>
</tr>
<tr>
<td>Low Threshold Entry</td>
<td>6.75” (17.14 cm)</td>
<td>6.75” (17.14 cm)</td>
</tr>
<tr>
<td>Water Storage Tank w/ Recirculation System</td>
<td>Yes</td>
<td>Yes</td>
</tr>
<tr>
<td>Adjustable Water Depth</td>
<td>0-48” (0-122 cm)</td>
<td>0-48” (0-122 cm)</td>
</tr>
<tr>
<td>Adjustable Treadmill Speed</td>
<td>0.3-7.5 MPH (0.5-12 KPH)</td>
<td>0.3-7.5 MPH (0.5-12 KPH)</td>
</tr>
<tr>
<td>Water Recirculation While in Treadmill</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>Installation and On-Site Service Training</td>
<td>Yes</td>
<td>Yes</td>
</tr>
<tr>
<td>Chemical Starter Kit (USA Only)</td>
<td>Yes</td>
<td>Yes</td>
</tr>
<tr>
<td>Ozone Sanitizer</td>
<td>Optional</td>
<td>Optional</td>
</tr>
<tr>
<td>Storage Tank Blanket</td>
<td>Optional</td>
<td>Optional</td>
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</table>
AQUAFIT & AQUAFIT PLUS UNDERWATER TREADMILL SYSTEM

The AquaFit and AquaFit Plus underwater treadmill systems are designed for the ultimate in hydrotherapy and fitness, boasting a larger exercise chamber for a wider variety of fitness opportunities, especially accommodating for performance athletes and arthritic or bariatric patients. Both systems offer variable speeds and flexible water depths for weight loss, faster recovery, optimal training and conditioning, and rehabilitation from injury.
Water is over 700 times as dense as air so a 30 minute workout in water is equal to a 60 minute workout on land.

Workout in HALF the Time!
**AQUAFIT & AQUAFIT PLUS FEATURES:**

1. **Touchscreen Control Panel**
   Energy Saver Mode can be programmed to suit your clinic’s needs.

2. **Large Viewing Windows**
   Allows trainers or therapists to view patients’ gait and stride and make corrections.

3. **Resistance Jets**
   Provides more resistance and a massage-like current.

3A. **Air Adjustment Knob**
   Optional resistance jets include adjustable air flow to add air bubbles to water.

4. **Quick Release Treadmill**
   Made for easy lifting and cleaning.

5. **Therapy Bench**
   Allows the patient to sit and do aquatic exercises in the chamber.

6. **Exterior Handles**
   Built to help someone into the exercise chamber (pull themselves up from a wheel chair).

7. **Safety Hand Rail**
   Positioned at the front of exercise chamber.

**AQUAFIT PLUS:** All of the features of the AquaFit, including these extras.

Automatically switches recirculated water from tank to treadmill to continuously filter, heat and treat water while in use.

*Optional

**TOUCHSCREEN CONTROL PANEL**

The programmable and easy-to-use 7” (17.78 cm) touchscreen can be accessed from inside or outside of the chamber, allowing the user or a technician to change the speed, water depth or adjustment of water jets. Both units feature a variable speed of 0.3 to 7.5 MPH (0.5-12 KPH) with speed increments as low as 0.1 MPH (0.16 KPH). The water depth can be adjusted from 0” to 48” (0-122 cm) – allowing the user to benefit from water’s buoyancy to control fitness outcomes.
In 2017, Lloy Ball, 4-time Olympian and Gold Medalist volleyball player, began endorsing Hudson’s aquatic therapy equipment including therapy pools and underwater treadmill systems like the AquaFit and AquaFit Plus.

Lloy is a great fit for Hudson Aquatic Systems because he represents every type of need for aquatic therapy, and our products and units are perfect for athletes. He represents the full spectrum of aquatic therapy use: from athletic training, performance and conditioning; to injury rehabilitation; to recovery; and daily improvement of quality of life.

Lloy Ball has a long and impressive list of volleyball accomplishments, along with 16 years playing professionally overseas, so we think hearing about our products from an expert athlete is the best endorsement you can receive. Be sure to visit us at an upcoming tradeshow or contact us with specific athletic questions for Lloy.